

City of Flagstaff Housing Authority Newsletter

October 2021

Inside This Issue

- 2 Operational Changes
- 2 Serve on a City Board
- 2 Medical Bill Assistance
- 2 Notice: Money Order Receipts
- 3 Goodwill Job Workshops
- 3 COVID 19 & Vaccine Info
- 3 10 Year Housing Plan Draft Comment Period Open
- 4 Recipe: Pizza Rolls!
- 4 STEAM Corner: Tynkertopia!
- 4 Prop 207 & Expungement
- 5 Food & Utility Resources
- 5 You & Your Wallet: Paying Off Credit Cards

Contact Us

<u>General Phone</u>: (928) 213-2730 <u>All Work Orders</u>: (928) 213-2731

East Flagstaff Housing

Jayne Wittman,

Housing Specialist

Email: jwittman@flagstaffaz.gov

Phone: (928) 213-2735 Fax: (928) 526-3734

Hours: M-Th 8am-4:30pm and

Fri 8am-12pm

Flagstaff Housing West

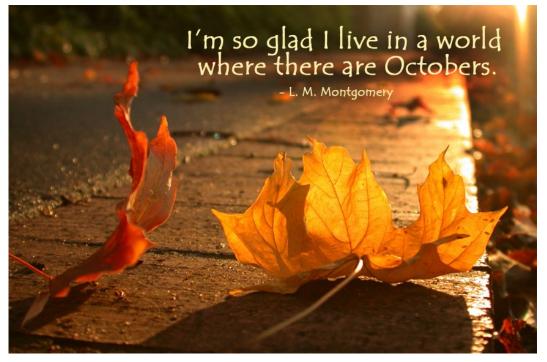
Patricia Sauers,

Housing Specialist

Email: psauers@flagstaffaz.gov

Phone: (928) 779-1887 Fax: (928) 779-5801

Hours: M-Th 8am-4:30pm and Fri 8am-12pm (closed 12-1pm)



Northland Family Help Center Counseling

Northland Family Help Center provides professional counseling services free of charge for eligible individuals and families. Specialties include therapeutic support for adults, teens and children who struggle with the symptoms of trauma. Clients are supported in understanding their symptoms, available resources, developing self-knowledge & belonging, exploring their core values, and defining their own healing and thriving. Many approaches available.

Call (928) 233-2209 or visit northlandfamily.org/counseling-services for more information. For immediate support in a crisis, contact the Northern Arizona Community Mental Health Crisis Hotline 1 (877) 756-4090.

Maintenance Notice: Work Orders

Submit Maintenance work orders by calling (928) 213-2731. Emergency work orders that impact health and safety will be addressed as quickly as possible. Non-emergency work orders will be addressed during work hours as staff are available.

Service calls are limited to 7:00 am-4:00 pm, Monday-Friday. See newsletter calendars for holidays observed by the City of Flagstaff, including the Maintenance Team, or see flagstaff.az.gov/658. Work orders requiring overtime will reflect the additional cost of overtime.

Maintenance staff will follow health and safety policy regarding entering to complete work when residents aren't present in the home.

Operational Updates: Public Housing

Office Hours

Main (Siler Homes) Office:

8:00 am-4:30 pm Monday-Thursday 8:00 am-12:00 pm Friday

Brannen Homes (West) Office:

8:00 am-4:30 pm Monday-Thursday 8:00 am-12:00 pm Friday Closed 12:00-1:00 pm

Clark Homes Office:

8:00 am-6:00 pm Monday-Thursday Closed 12-1 pm & Friday

Clark Homes Neighborhood Network:

Will be announced soon

Rent Collection Policy Information

We have returned to the approved rent collection policy for October 2021. Late Fees and NSF fees will be charged on any balances unpaid by opening of business on the sixth working day of the month. These will now count under the three late payment policy. Additional time will be given to pay charges before court action; however, balances unpaid following expiration of the initial 30-day notice and follow up 14-day notice will be filed. Partial payments will no longer be accepted.

Please be aware that there is no "rent forgiveness." If your income has gone down, contact your specialist to discuss a rent adjustment. If you are behind or if you will have trouble paying any past due amount, contact your Specialist to make an arrangement to repay the past due amount in installments.

Please be aware that AZ DES is offering rental and utility assistance. If you wish to apply for this assistance, please contact Kurt Aldinger at kaldinger@flagstaffaz.gov or (928) 213-2736 to make an appointment.

Serving on a City Board

If you are interested in advising the City of Flagstaff, consider applying to serve on a commission, board, or committee! Boards and



commissions oversee and inform City agencies and initiatives. You can apply right now at flagstaff.az.gov/forms.aspx?FID=166!

There are currently vacancies on:

- → Beautification and Public Art
- → Flagstaff Housing Authority Board
- → The Library Board
- → And more!

Medical Bill Financial Assistance

Most hospitals are nonprofit organizations and have some charitable mission, including debt forgiveness and financial assistance programs. If you have outstanding medical bills and need assistance paying them, use an internet search engine to search "Hospital Name" and "Financial Assistance" to find the webpage and details for that hospital. You can find information for Flagstaff Medical Center and more at northern-arizona-healthcare's-financial-assistance-program.

Notice: Money Order Receipts

When purchasing a money order to pay rent or work order fees, it is very important that you retain the receipt for the money order and the purchase receipt. Money order receipts are **your record** of the purchase. If a money order itself is lost, the money order and purchase receipts can be used to reclaim the money spent. **When submitting a payment via work order, keep your receipt!**

Goodwill Workshops



Goodwill of Central & Northern Arizona offers regular workshops to cover computer basics, social skills, and more! If you're on the job search or seeking a promotion, these and other Goodwill One-

Stop services can give you the edge you need!

Upcoming workshops include:

Digital Literacy Workshop

October 5, 6, and 7 (Tues., Wed., and Thurs.) 9:30 am-3:30 pm each day

Virtual from your home or at the Flagstaff Career Center, 4308 E Route 66 (Flagstaff Mall)

Register by calling (928) 556-5096 or visiting **goodwillaz.org**. Registration is required.

Classes cover computer basics, Windows, Internet basics, email, MS Word, MS Excel, MS PowerPoint, Mac, social media, informational literacy, and career search skills.

Soft Skills Workshop

October 14 and 15 (Thurs. and Fri.) 9:30 am-1:00 pm each day

Virtual from your home or at the Flagstaff Career Center, 4308 E Route 66 (Flagstaff Mall)

Day 1 classes include personal skills (The Ideal Team Player) and interpersonal communication skills. Day 2 class includes teamwork and collaboration.

Register by calling (928) 556-5096 or visiting **goodwillaz.org**. Registration is required.

More information available at goodwillaz.org.

COVID-19 Vaccinations & Info

For vaccination information:

- → (928) 679-7300 COVID-19 Info Line
- → Coconino.az.gov/2547 Vaccine Info Page
- → <u>Coconino.az.gov/2580</u> Vaccination Locations
- → CDC.gov/vaccines/covid-19

10 Year Housing Plan:

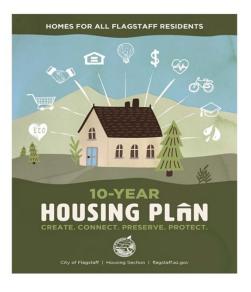
30-Day Public Comment Period

The City of Flagstaff Housing Section is asking all Flagstaff residents to read the Draft 10-Year Housing Plan and assist with prioritizing the policy initiatives and strategies. The Draft 10-Year Housing Plan can be found at flagstaff.az.gov/4553. You can also find information there on two online public outreach meetings scheduled for Thursday, October 7 and Wednesday, October 27 at 5:30 pm. .

Provide your feedback by participating in the Flagstaff Community Form under the "Draft 10 Year Housing Plan" option at flagstaff.az.gov/3284. The survey takes about 15 minutes. Your feedback is appreciated.

This public comment period ends November 5, 2021.

When declaring the Housing Emergency, Flagstaff City Council directed staff to create a comprehensive community-facing document to summarize the City's immediate and long-term needs and strategies to improving



housing affordability. This Draft Plan defines the Housing Emergency in Flagstaff and provides policy initiatives and strategies to address it over the next 10 years. The Draft Plan also establishes a goal to substantially increase the number of available and affordable housing options for Flagstaff residents at all income levels and to increase housing subsidies for our neighbors that are unable to afford housing in Flagstaff.

The 10-Year Housing Plan will be presented to Flagstaff City Council for consideration on December 7, 2021. If you have any questions or comments, please email Leah Bloom, Affordable Housing Project Manager, at LBloom@FlagstaffAZ.gov.

Recipe: Easy Pizza Rolls

Pizza rolls are a customizable snack, meal, or packable lunch!

<u>Ingredients</u>, 4 Servings **Crust**

1 & 3/4 cup a.p. flour

1/2 Tbsp salt

3/4 cups water

1 tsp instant yeast

1 tsp sugar

2 tsp olive oil

1/8 tsp salt

1 Tbsp olive oil



1 cup pizza sauce24 slices mini pepperoni

1 Then polive oil

1 Tbsp olive oil

1+1/2 cup shred Mozz. 1/4 c cornmeal

2 Tbsp grated Parmesan

1-2 tsp shredded fresh herbs or 1/4 tsp dry herbs

Directions

- 1. Whisk flour and salt in a bowl.
- 2. Add water, yeast, sugar, and olive oil, then whisk to dissolve.
- 3. Stir with a rubber spatula until no dry flour is visible, allow rest 10-15 minutes.
- 4. Knead dough by hand until smooth, 7-10 minutes.
- 5. Allow dough to rest 1 hour.
- 6. Preheat oven to 400 F.
- 7. Transfer dough onto lightly oiled surface, roll out to 10" x 14".
- 8. Spread pizza sauce, sprinkle with mozzarella, top with pepperoni or other toppings.
- 9. Tightly roll dough lengthwise, pinch ends.
- 10. Cut rolled dough into 12 pieces, 1" thick.
- 11. Dip one side of rolls in cornmeal and place on baking tray. Brush with oil.
- 12.Bake 20 minutes until golden brown, cool 5-10 minutes, sprinkle with parmesan and herbs. Serve with dipping sauce.

Source: aheadofthyme.com/pepperoni-pizza-rolls



Tynkertopia, located at 3330 E Elder Drive within Siler Homes offers <u>free educational programming</u> for children, youth, and families. Come and explore, discover, build, create, and learn. We are a STEAM (Science, Technology, Engineering, Arts, and Mathematics) Community Center. We focus on developing creativity and inquiry in our visitors. Come explore our workshop, art studio, electronics room, playroom, building hall, ant colony, and more.

Tynkertopia offers free meals to all visitors 18 years and younger. Hours for families with children aged 1 and older are:

Tuesday and Thursday: 10 am-6 pm

Wednesday and Friday: 12-6 pm

Saturday: 9 am-5 pm

Please come to Tynkertopia to register your child or children so they can take advantage of this outside-of-school learning opportunity. **All children must be registered to participate**.

Prop 207 & Expungement

Do you have a marijuana-related arrest, charge, or conviction on your record? If so, you may be eligible to have that record expunged and sealed from public view. Please contact azexpunge.org for more information. Attorneys are available to help you file for expungement and, in some circumstances, help you from start to finish. Seal your record, wipe out

your fines and fees related to the case, and Reclaim Your Future at <u>azexpunge.org</u> or by calling <u>800-722-4026</u>.



Note that CFHA programs are federally funded and therefore follow federal law related to marijuana possession.

Food & Utility Resources

Family Food Center Services:

Home Deliveries

Call (928) 526-2211 to sign up for a delivery Emergency Food Boxes

3805 E Huntington, Tues-Sat, 9am-1pm

To-Go Style Dinner

1903 N 2nd St, Daily from 4:00pm-5:30pm

Backdoor Lunch Program: Ring Bell for Lunch

1903 N 2nd St., Daily from 10am-2pm

Book Distribution & Kids' Raffle

Tues-Fri, 4:00-5:30pm at 1903 N 2nd St.

Flagstaff Unified Schools

Free Grab & Go Meals - Mon-Fri, 11:00am-12:30pm, see <u>fusd1.org/grabandgo</u> for locations



The Pantry by Golden Rule at 2573 E 7th Ave

Personalized food boxes for pickup W-Sun, 3pm-6pm

The Salvation Army Food Pantry

507 N. Humphreys St., 9am-12pm, 1pm-5pm, M-Th Emergency food box application required with ID. Call (928) 774-1403 for more information.

Meals on Wheels (Area Agency on Aging)

If someone in your household is 60 years of age or older, call (877) 521-3500 to arrange for assistance.

Call 2-1-1 for Additional Assistance

Additional nearby Emergency Food Assistance agencies, call 2-1-1 or see **211arizona.org**.

These organizations help with utilities:

Coconino County Community Services, (928) 679-7453, helps with electric, gas, and more.

Salvation Army of Flagstaff,

(928) 774-1403, provides additional utility assistance.

St Vincent de Paul Help Line,

(928) 774-6511, call back rather than use voicemail.



<u>Unisource Payment Assistance</u> offers payment extensions and flexible payment plans, call (877) 837-4968 or visit <u>uesaz.com/electric-rates/</u>.

<u>APS</u> offers additional services such as Project Share and Safety Net. Call 211 or go to <u>aps.com/assistance</u>.

You & Your Wallet:

An Emergency Fund & Why Have One

An emergency fund is a dedicated bank account or fund set aside for unexpected expenses or a loss of income, such as:

- → Medical expense
- → Large work orders
- → Car fixes
- → Unemployment

Emergency funds create a financial buffer when you're in a time of need, allowing you to avoid the use of credit cards and short-term loans. Such

high interest rate credit sources exacerbate financial hardships. Whether you're currently addressing debt (see previous Y&YW columns) or not, building an emergency fund will help you manage crises.

How much should I save?

Your first goal is \$500. \$500 will provide an immediate cushion. A secure emergency fund covers six months' worth of expenses, but that may be a long-term goal. What is important is starting **something** now.

Where do I put my emergency fund?

A savings account with a bank or credit union, especially a high-yield savings account, will be a secure and accessible location for your emergency fund. It should be separate from your regular checking account, but not tied up in retirement funds. Check with a bank or credit union for help.

How do I build my emergency fund?

- 1. **Set a total fund goal.** Start with \$500, increase your fund by \$500, or work toward the six months' of expenses goal.
- Set a monthly savings goal. Review your budget and set aside what is reasonable. If you're paying off debts, those payments can turn into savings.
- 3. Make saving with every paycheck or every month automatic. Your financial institution can help.
- 4. **Save your tax refund.** Your tax refund can help you build an emergency fund quickly, but only once per year.
- Check in and assess. After three or six months, check your progress. Consider a new goal and return to Step 1 with that in mind.

Source: Nerd Wallet, <u>nerdwallet.com/article/banking/savings/emergency-fund-why-it-matters</u>.

Your Story Could be Featured in Next Month's Newsletter!

If you have news of accomplishments, original artwork, poetry, community group news, recipes, or if you just want to see something specific on the next newsletter, we want to hear from you! Drop off a letter at the Siler Homes office or send an email to caleb.alexander@flagstaffaz.gov.

Bulk trash pickup should be placed curbside by 6:00 am on the Monday of your collection week.

October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Trash Pickup Clark Homes, Crestview, and Cedar Yard Watering: None	Trash Pickup All Sunnyside Scattered Sites Recycling Pickup Brannen and Verde Watering: Odd #s	Trash Pickup Siler, Brannen, Steves, Alta Vista, Lockett, and Verde Watering: Even #s	Recycling Pickup Clark Homes, Cedar, and Crestview Watering: Odd #s	Recycling Pickup Siler, Lockett, Alta Vista, Steves, and all Sunnyside Scattered Sites Watering: Even #s
September 27 Bulky Trash Pickup: Crestview, & Cedar	September 28	September 29	September 30	October 1 Public Housing Rent Due
4 Bulky Trash Pickup: Siler, Greenlaw, & Scattered Sites	5	6	7	Public Housing Late Rent Fees Applied at 8am, Notices Sent
ADOPT A GHOST	12	13	14	Last day to turn in LIPH Recert. Packets for December, 8am
18 Bulky Trash Pickup: Brannen & Verde	19	20	21	22 Last Day to Pay September Rent to Avoid Court Action
25 Last day to report changes to insure rent decrease	26	27	28	29



November's Rent Dates

